

# Feeding and extinguishing the flame

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# Feeding and Extinguishing the Flame

## The Nature, Provocation, and Treatment of Transdiagnostic Hostility

1. Hostiliteit is een ongeziene gast in het psychopathologisch café. *(dit proefschrift)*
2. Sociale uitsluiting en belediging lokken evenveel agressie uit. *(dit proefschrift)*
3. Het integreren van 'mental imagery' in cognitieve herstructurering voor hostiliteit versterkt zijn werkzaamheid. *(dit proefschrift)*
4. Meten is weten: accurate meting van hostiliteit vergroot de behandelbaarheid. *(dit proefschrift)*
5. Binnen de psychopathologie moeten we kritischer reflecteren op ons taalgebruik.
6. Een 'randomized controlled trial' kan informatiever zijn dan een meta-analyse.
7. De optimaliseerbaarheid van psychologische behandelingen ondermijnt het 'dodo bird verdict'.
8. 'Cognitive bias modification for interpretation bias' kan kosten in de GGZ verlagen. *(impact)*
9. "Human knowledge is never contained in one person. It grows from the relationships we create between each other and the world, and still it is never complete." - Paul Kalanithi
10. Never waste a good crisis: een COVID-19 pandemie komt het afronden van een proefschrift ten goede.